

Financials

2018 Financial Information

Unity House of Troy, Inc.

Statement of Activities for the Year Ending December 31, 2018

OPERATING SUPPORT AND REVENUE

Government Funding	\$12,658,188
Program Revenue	\$9,420,817
Contributions & Grants	\$772,021
United Way	\$67,999
Interest Income	\$7,182
Total Operating Support and Revenue	\$22,926,207

OPERATING EXPENSES

A Child's Place-Day Care and Special Education	\$9,037,358
Housing and Support Services	\$9,022,078
Domestic Violence	\$3,831,915
Community Resources	\$624,235
Other Programs	\$238,061

Total Operating Expenses **\$22,753,647**

Operating Surplus/(Deficit) **\$172,560**

Non-Operating Surplus(Deficit) **\$39,737**

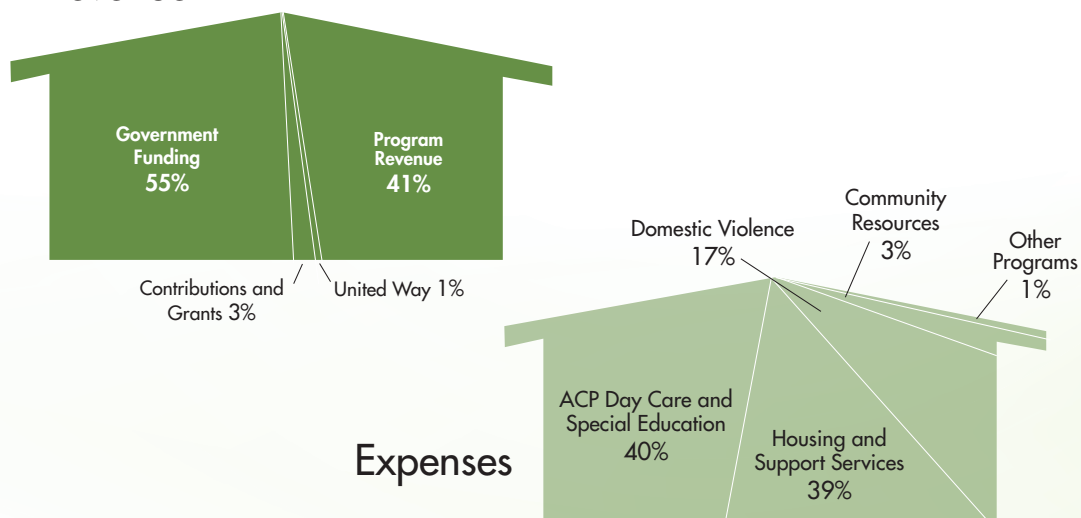
Surplus/(Deficit) including Capital & Investment Income **\$212,297**

The 2018 Unity House Annual Report reflects all gifts made from January 1, 2018 through December 31, 2018. Unity House expresses its heartfelt thanks to the thousands of donors who generously committed their resources to support the organization's mission. For a complete list of donors, please refer to our website: www.UnityHouseNY.org.

Unity House is a not for profit 501 (c) (3) organization.

For a complete copy of our audited financial report, please visit the website for the NYS Attorney General's Charities Bureau (www.charitiesnys.com) or call Diane Cameron Pascone at 274-2633 ext 4133.

Revenue



BOARD OF DIRECTORS

As of year-end 2018

Executive Committee

Kathryn Allen
Chairperson

Kathleen (Kate) Koval
Vice Chairperson

Beth Mothersbaugh
Treasurer

Jennifer C. Zegarelli
Secretary

James A. Slavin, M.D.
Member at Large

Marsha Ras
Member at Large

James E. Spencer, Jr.
Member at Large

Michael O. Lipschultz, CPA
Member at Large

Directors

Paul H. Arlein

Andrew Clemente

Michael A. DiAcetis

David Ellis

Carlo Fusco

Kate Manley

Erika Martin, PhD

Noreen McKee

Rance McKenna

Ryan Mullahy

Yalitza Negron

Michael J. Roche, Jr.

Susan V. Shipherd

Tara Toomajian

Gerald Washington



"At the Heart of all we do is the belief that everyone is deserving of respect and compassion, so they may have dignity and hope for changed lives."

– Chris Burke, CEO of Unity House



Making Life Better

We help individuals identify their strengths and needs, draw upon their abilities and access community resources.

We educate, collaborate with others, and advocate to influence public policy and create awareness of the people we serve and the issues they face.

Our Mission

Unity House is dedicated to enhancing the quality of life for:

- People living in poverty
- Adults with mental illness
- Victims of domestic violence
- Children with developmental delays and their families
- People living with HIV/AIDS
- Others whose needs can effectively be met by Unity House services and philosophy

Core Values

With passion and integrity, Unity House embraces the view that everyone deserves equal economic, political, and social rights. We work together to open the doors of access and opportunity for everyone, particularly those in greatest need.

Our Vision

We will serve and empower people in need. We will achieve the highest quality services through wise stewardship and a caring staff. We will transform our services in response to the changing needs of the community. We will guide our future by our compassionate past.

"Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world."

– Desmond Tutu

2018

In 2018, Unity House provided emergency services, the essentials of housing, food, jobs, education, and guidance toward a life of empowered choices.



Community Resources

For people needing help with life's essentials

Crisis intervention, counseling, emergency food, clothing, housing assistance, holiday help, referrals, and pregnancy care.

182,664 meals distributed from the Food Pantry

86 households (including 30 children) avoided eviction with the assistance of our Homelessness Prevention Program

27,403 community meals served in our dining room

249 Households at 10 community events received SNAP benefit assistance from our Nutrition Outreach and Education Program (NOEP) Coordinator





A Child's Place

Where children of all abilities grow and learn together

715 Children received services

466 Children in Unity House child care centers, community child care centers, and private homes received special education and services such as physical, occupational, music, and speech & language therapies

195 Children received early childhood programming

54 Children attended Universal Pre-K thanks to collaborations with Troy and Albany school districts

Over 1,500 children across programs served by the Children's Holiday Program



Housing Support Services and Case Management

For adults living with mental illness, HIV/AIDS, chronic medical conditions, and/or chemical dependency

78 Classes provided in Personalized Recovery Oriented Services (PROS)

266 Individuals received Health Home Care Coordination and Outreach

49 Single adults and 32 families received services from our Community Housing Assistance Program (CHAP)

151 Adults received services in our community residences or via Transitional Apartment Services (TAS)

218 Adults lived in our Supported Housing for adults living with mental illness or HIV/AIDS

90 Adults housed by Transitional Apartment Services (TAS)

61 Individuals found a home in one of our Community Residences

52 Young adults and MICA (mentally ill/chemically addicted) consumers utilized case management services while living independently

4 Individuals were served in the situational crisis bed





Domestic Violence Services

Offering safe space to all victims of domestic and dating abuse

213 Adults and 90 children found refuge in our 33 bed shelter, Sojourner Place

980 Individuals received non-residential services and advocacy

484 Clients received legal advocacy and support services, legal consultation, and representation

2,638 Calls answered from the Rensselaer County Domestic Violence Hotline

960 Survivors participated in domestic violence support groups offered by Unity House

111 Community Education and 44 Awareness Events occurred in the area

470 Families provided with rental assistance and/or housing support





Volunteer Program

Close to 1,000 volunteers across programs

45 volunteer groups from local businesses, faith communities, and schools helped Unity House

12,000 hours of volunteer service in support of the Unity House mission

More than 35 groups collected needed items such as clothing, books, toiletries, bedding, gift cards, holiday gifts and more





ReStyle

Where quality equals dignity

10,000 Pounds of clothing sorted and recycled

Standardized pricing means faster processing of donations

Fast Pass Vouchers for those with an emergency need and/or sudden loss of home due to fire

CLIENT PROFILE

Knowing by heart: work in the Domestic Violence Services program is not always easy. A woman we'll call Shae is one example.

It was Shae's 8th or 9th visit to Unity House's shelter for victims of domestic violence. The secure residence, located in a confidential location, is the only licensed shelter for victims of domestic violence in Rensselaer County and is always full.

At check-in, Shae apologized to her caseworker, called Linda here. It was as if she thought maybe she was wasting Linda's time by checking in to the shelter with her three children if she was just going to return to her abuser. You see, he had promised to make changes- and he did, for a while. But he always reverted to, and even escalated, behavior that put Shae and the children in danger.

Her caseworker Linda knew Shae well and told her not to worry about it. She refrained from judgement. Linda knew that, on average, it can take 7 times for a victim to extricate themselves from an unsafe situation. Linda knew how brave Shae was each time she checked in. She empathized with the obstacles Shae faced; obstacles that made going back seem like the only option available. Linda knew that the best chance for keeping Shae and her children safe was to provide refuge in a non-judgmental way, reminding Shae not of what she *should* do, but of what she can do.

Some might judge Shae, asking 'Why does she stay with him?' (Really, they might do better to ask, 'Why does he behave like that?')

Linda saw that Shae was afraid. She knew the patterns of abuse that put Shae and her children in jeopardy. Linda knew that for many victims of abuse, leaving and going back is like dipping your toe in the water of the system that is there to help. It's not that Shae was a failure at leaving, it's that Shae's back-and-forth is what leaving looks like. It's a process that is different for each situation, with variables as different as people are.

Knowing this, Linda welcomed Shae each time. Shae became more familiar with her options. She accessed resources available to her, including legal services, counseling, and safety planning.

It was during the intake process that something clicked for Shae. As Linda opened up a new case file, Shae started to provide the children's birth dates. Linda stopped her and with a smile, said, "Don't worry. I know them by heart." Shae looked confused as Linda listed the birthdates of the three children. That was an eye-opening moment for Shae: that her caseworker cared that much and knew their birthdates by heart. It was the last time Shae checked in to the shelter because she never went back to her abuser.

Shae's journey, and Linda's compassionate patience, remind us that change does not always look the way we want it to or happen in the timeframe we think is right. We see that change is not easy, even when help is available. We are shown that empathy and support are never in vain. After all, some things you know by heart.