



IMPACT



REPORT

# A LETTER FROM OUR LEADERSHIP

Since 1971 Unity House has worked to make life better for people in need.

This past year our community has shown tremendous generosity and resiliency. Post-pandemic, we continue to see challenges, especially for the most vulnerable among us. We have also seen opportunities. We have learned to respond with greater agility, to adapt, and to continue to make a difference in the lives of those we serve.

Some things remain constant. We are committed to serving and empowering people in need. We strive for the highest quality of services, delivered with dignity in mind. We focus on community responsive services, guided by our compassionate past.

In whatever way you are a part of this important work, thank you for your help in making life better.

We hope you enjoy reading about the work of Unity House and all that our staff do every day.



David L. Bach  
President & CEO



Carlo Fusco  
Chair, Board of Directors

**SEE HOW YOU CAN MAKE A DIFFERENCE AND HELP MAKE LIFE BETTER.**

Contact us: (518) 274-2607 or  
[Volunteer@unityhousesny.org](mailto:Volunteer@unityhousesny.org)

## OUR MISSION

Unity House is dedicated to enhancing the quality of life for:

- People living in poverty
- Adults with mental illness
- Victims of domestic violence
- Children with developmental delays and their families
- People living with HIV/AIDS
- Others whose needs can effectively be met by Unity House services and philosophy




## OUR VISION

We will serve and empower people in need. We will achieve the highest quality services through wise stewardship and a caring staff. We will transform our services in response to the changing needs of the community. We will guide our future by our compassionate past.

## OUR CORE VALUES

With passion and integrity, Unity House embraces the view that everyone deserves equal economic, political, and social rights. We work together to open the doors of access and opportunity for everyone, particularly those in greatest need.

Unity House provides emergency services, the essentials of housing, food, jobs, education, and guidance toward a life of empowered choices.

**25,556 FREE MEALS**  served out of our community resource center • **5,000 POUNDS OF CLOTHING** provided to **MORE THAN 3,000 SHOPPERS** in ReStyle, the Unity House store, where those in need receive free or inexpensive clothing • **18 TONS OF FOOD** distributed through our food pantry • **1,100 CHILDREN** served by our annual Children's Holiday Program  • **370 PEOPLE** found refuge in our shelter for victims of domestic violence • **2,500 CALLS AND TEXTS**  answered on our domestic violence hotlines for help • **1,278 PEOPLE** were served through our Domestic Violence Services' non-residential program • **94% OCCUPANCY**  of our domestic violence shelter • **1,000 VOLUNTEERS** donated **OVER 10,000 HOURS OF TIME** in fulfillment of our mission • **343 CHILDREN** at A Child's Place received special education services  • **799 EVALUATIONS** completed for children birth to 5 years old through A Child's Place • **187 CHILDREN** enrolled in childcare or universal pre-kindergarten, in partnership with local school district •  **0 DOLLARS BILLED TO OVER 350+ CLIENTS** who received free help from the Unity House Law Project with civil legal matters • **142 FULL AND PART-TIME JOBS** secured by Northeast Career Planning for our program participants • **398 INDIVIDUALS FOUND HOMES**  in our transitional and permanent supported housing programs • **151 PEOPLE** provided Health Home Care Management services • **327 SERVED** by Nursing Services

#### **BRIDGING THE GAP**

We serve people who are struggling.  
The common denominator is poverty.

# FINANCIAL INFORMATION

## Unity House of Troy, Inc.

Statement of Activities for the Year Ending December 31, 2022

### OPERATING SUPPORT AND REVENUE

|  |                     |
|--|---------------------|
| Government Funding                         | \$19,655,911        |
| Program Revenue                            | \$10,850,116        |
| Contributions & Grants                     | \$895,629           |
| Interest Income                            | \$4,827             |
| <b>Total Operating Support and Revenue</b> | <b>\$31,406,483</b> |

### OPERATING EXPENSES

|   |              |
|---|--------------|
| A Child's Place-Childcare, Special Ed., and Universal Pre-K | \$8,231,926  |
| Housing and Support Services                                | \$10,053,700 |
| Domestic Violence Services                                  | \$6,789,555  |
| Community Resources   | \$1,471,029  |
| Affordable Housing  | \$828,634    |
| Northeast Career Planning                                   | \$3,479,196  |
| Other Programs  | \$540,011    |

**Total Operating Expenses** **\$31,394,051**

**Operating Surplus/(Deficit)** **\$12,432**

**Non-Operating Surplus(Deficit)** **\$771,754**

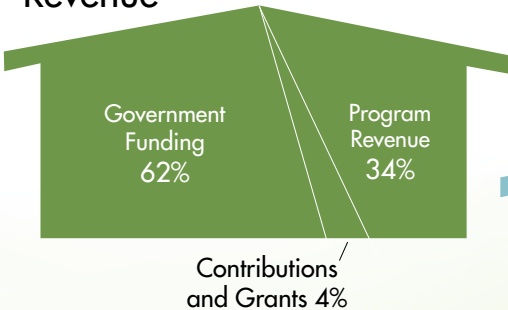
**Surplus/(Deficit) including Capital & Investment Income** **\$784,186**

The Impact Report reflects all gifts made from January 1, 2022 through December 31, 2022. Unity House expresses its heartfelt thanks to the thousands of donors who generously committed their resources to support the organization's mission. For a complete list of donors, please refer to our website: [UnityHouseNY.org](http://UnityHouseNY.org).

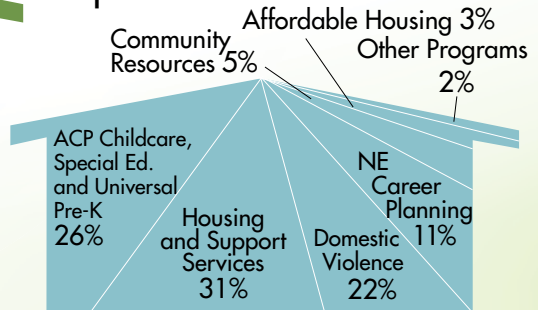
Unity House is a not for profit 501(c)(3) organization.

For a complete copy of our audited financial report, please visit the website for the NYS Attorney General's Charities Bureau ([www.charitiesnys.com](http://www.charitiesnys.com)) or call Stefanie Bastien 518-274-2633 ext 4133.

### Revenue



### Expenses





# The fires of determination

**Bob received his first apartment through Unity House.** After leaving the area for a time, he returned to our community. He was homeless and his mental health had suffered. Bob needed more than a roof over his head, he needed help.

Bob was able to obtain stable housing through Unity House, this time in a program that offered case management to residents who need greater supports. He also enrolled in our Health Home program to get help managing chronic conditions. The goal of Health Homes is a reduction in high-cost visits to access points like emergency rooms, operating under the adage that an ounce of prevention is worth a pound of cure. The result is better health outcomes for people like Bob.

The Health Home program was a game changer. Bob's caseworkers helped him identify needs around his mental health, substance abuse, and medical issues. Through the apartment program, Bob honed his independent living skills, his social skills, and he took steps toward managing his mental health. As Bob put it, he was learning to "become a responsible adult." He completed substance abuse treatment and learned healthier ways to manage life's stressors. Learning new habits and skills was not always easy and, as is often the case, Bob's recovery and growth were not always steady.

A turning point was when Bob became a father, when he says "the fires of determination were lit within." Bob realized it was no longer just about him, but also about the lessons and legacy he would be passing down to his son Beau. Bob was determined to be there for his child. His goal was to move up to supported housing which offers more independence while continuing to receive staff support. To reach this goal, Bob had to demonstrate an ability to manage all aspects of his household. He focused on his health, and in time, took over his finances and other affairs.

Bob was pleasantly surprised about being able to, for the first time, successfully work with male staff. Bob had spent most of his life with little to no male support or guidance. Through Unity House, Bob was able to establish trusting, positive relationships with men as he shifted his focus toward fatherhood. Bob was exposed to role models, helping Bob to become a role model himself.

Bob's level of self-sufficiency has increased dramatically. Like everyone, Bob will sometimes need help and he knows how to ask for it. He knows what resources might work for him. Best of all, Bob can be the type of father he wants to be for his son.

## BOARD OF DIRECTORS

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**James A. Slavin, M.D.**  
*Member at Large*

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### Unity House of Troy

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[unityhousesny.org](http://unityhousesny.org)



## MANAGEMENT TEAM

**David L. Bach**  
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*Chief Operating Officer,  
General Counsel*

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*Director, Community Resources*

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*Director, Housing and Support  
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## THANK YOU TO OUR SUPPORTERS.

For a full list of Unity House donors,  
please visit our website.