



Be a sweetheart and honor a special Valentine!

Last year we served 25,000 meals. Can you help us address food insecurity? Our Community Resources program addresses emergency needs, like groceries, hot meals, and other life essentials. **Your gift** can help bridge the gap between panic and security. And you

can **dedicate your gift** to someone sweet in your life.

#NotJustPhysical: Talking about dating violence



February marks Teen Dating Violence Awareness & Prevention Month

It's a national effort with local action. Our Domestic Violence Services team works with youth and community partners to educate about healthy relationships and red flags. If you would like a speaker for your youth group, please reach out.

Join us in **wearing the color orange on Tuesday, February 6th** to help raise awareness about the issue of dating violence and educate about resources available.

ReStyle

The Unity House store

Our thrift store, offering clothes, shoes, and accessories to people in need, welcomes all shoppers, weekdays from 10-2pm.



Do you have clothes you'd like to pass on?

Priorities are winter coats, men's everyday wear, children's clothes, and **professional clothes.**

Questions? Please call: (518) 274-2607

valuable, how do you think our interactions would be different?"
- John Bruna



Get **Help**



Make a **Gift**



Give Back

SINCE 1971

*Through wise stewardship and a caring staff,
we are a community organization committed to
serving and **empowering people in need.***

