



MISSION

Established in 1971, Unity House is a not for profit, community based agency located in Troy, NY dedicated to enhancing the quality of life for:

- Adults with mental illness
- People living in poverty
- Victims of domestic violence
- Children with developmental delays
- People living with HIV/AIDS

And others whose needs can effectively be met by Unity House services and philosophy.

To find out more about services offered at Unity House, please call our general number: (518) 274-2607 or visit us online.

www.unityhouseny.org



Assertive Community Treatment

The ACT Team

Individualized services to adults diagnosed with severe and persistent mental illness that impairs their functioning in the community

SERVICES INCLUDE:

- comprehensive assessment
- intensive treatment
- medication management
- housing supports
- service planning & coordination
- wellness management
- skill around tasks of daily living
- substance abuse treatment
- vocational skills training
- self-advocacy, family counseling

The ACT Team direct line, operated 24/7:
(518) 687-1657

The ACT Team Fax:
(518) 272-2817

24/7 (518) 687-1657

Fax (518) 272-2817

2431 Sixth Avenue • Troy, NY 12180

What is Assertive Community Treatment (ACT)?

The ACT Team:

- Is the highest level of care outside an in-patient setting.
- Is a multi-disciplinary team providing individualized services in the community or home.
- Provides treatment that is holistic, integrated, with low client to staff ratio.
- 24/7 program which engages in assertive outreach.
- Designed for people who have not had success in other treatment models.
- Persists in the face of failure.

Who qualifies for the services the ACT Team provides?

The ACT Team:

- Gives priority to adults with schizophrenia, other psychotic disorders (e.g., schizoaffective disorder), and/or bipolar disorder.
- Is for adults living with severe and persistent mental illness that seriously impairs functioning in the community. Or, two hospitalizations within 12 months or 60 days.
- Is for adult residents of Rensselaer County or southern Saratoga County.
- May be court-ordered pursuant to Mental Hygiene Law (MHL) §9.60 to participate in AOT proceedings.
- Is voluntary, designed for adults who have a history of a lack of engagement in, or inability to benefit from, traditional outpatient services.
- No person shall be excluded from receiving ACT services based on race, religion, ethnicity, age, gender, sexual orientation, HIV status.

How is a referral made to the ACT Team?

All referrals to the ACT team must be forwarded to and reviewed by the County SPOA Coordinator. The ACT Team receives referrals from the SPOA Coordinator, Kirstein DonVito: (518) 270-2829. Self-referral: Call (518) 687-1657 to discuss self-enrollment.

Where are the services of the ACT Team delivered?

Based at Unity House in Troy, the ACT Team provides services in the home and community. Services are around the clock.

