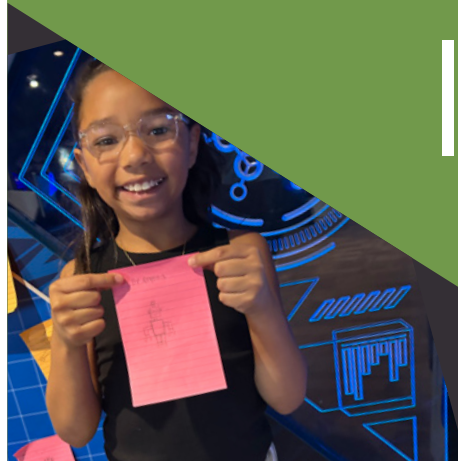




2025 Impact Report

BOARD OF DIRECTORS

as of August 1st, 2026

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A letter from our leadership



David L. Bach
President & CEO



Erika Martin
Chair, Board of Directors

Every person who turns to our agency has a unique story. Some are seeking safety, some are building stability, and others are working toward goals they once thought were out of reach. No matter where they are on their journey, one thing remains true; they don't have to walk the path alone.

Because of your continued generosity, compassion, and belief in our mission, thousands of individuals and families found support, hope, and opportunity last year. Your partnership made it possible for people throughout our community to access the resources they needed to build on their strengths, overcome challenges, and move forward with confidence.

This report reflects the impact we have achieved together. Behind every statistic is a person who felt seen, valued, and supported by a community that cares.

We are continually inspired by the resilience and courage of the people we serve. We are equally inspired by the generosity of our donors, volunteers, and community partners who stand beside us.

As the needs in our community continue to grow, so does our commitment to meeting each person where they are, helping them build on their strengths, navigate challenges, and create lasting change in their own lives and communities.

Thank you for being part of this work.

David L. Bach
Chief Executive Officer

Erika Martin
Chairperson

Community Resources

The Community Resources program offers a wide range of services to address emergent and basic needs. In addition to food support, this program helps with clothing vouchers, personal hygiene products, necessities for babies, and homelessness prevention. Community Resources has provided critical assistance to help individuals and families remain housed during times of financial hardship. Additionally, support for rental arrears helped households avoid potential eviction, while utility assistance has ensured continued access to essential services.

COMMUNITY RESOURCES BREAKDOWN:

Restyle Thrift Store

Located at 547 River Street, Troy, with the help of our volunteers, gently used clothing is given a second life while supporting our community and Unity House programs.

Basics for Babies

provides essential support to families in need by helping with baby necessities such as diapers, formula, wipes, and other everyday essentials.

The Food Pantry supplied 2,300 households with food, helping people maintain short term food stability during periods of financial strain.

The Mobile Food Pantry delivered over 72,000 meals to 813 households, ensuring that thousands of residents were able to meet the most basic need of consistent and reliable access to food.

Supplemental
Nutrition
Assistance
Program

SNAP Assistance made available through our Nutrition Outreach Education Program coordinator, through prescreening 702 households and ultimately assisting 633 of those households with applications and 44 households with SNAP recertification.

Because access
to food and care
should be simple,
dignified, and
close to home.



Prepared Food & Nutrition Support

Unity House serves as a vital resource for individuals and families facing food insecurity, helping meet basic needs while promoting health and household stability. The food and nutrition department served a total of **266,863** nutritious meals, ensuring that children, families, individuals experiencing homelessness, survivors of domestic violence, and community members had consistent access to healthy, nourishing food.

266,863
Nutritious
Prepared Meals
Served



145,200 meals to children attending *A Child's Place*, our child care center, helping fuel healthy growth, learning, and development.



53,809 vended meals to partner organizations, extending nutritious meal service to children and families throughout the Capital Region.



40,850 meals to residents of our emergency domestic violence shelter, providing comfort, stability, and dignity during times of crisis.



27,004 Community Meals to individuals experiencing food insecurity, offering nutritious meals in a welcoming and supportive environment.

A Child's Place

A Child's Place creates a positive learning environment for children of all abilities to learn and grow together. In collaboration with area schools, our staff provides an array of services in our childcare centers. We also provide individualized support and services for children with developmental delays, helping each child reach their full potential.



10,606

speech therapy sessions



350

social work sessions



158

counseling sessions



650

psych therapy sessions



5,018

occupational therapy sessions



337

music therapy sessions



2,236

physical therapy sessions



68

*special education
itinerant teacher
sessions*

75

Number
of children
served

Traveling Summer Camp

The Traveling Summer Camp offers kids ages 6-12 a summer full of adventure and enrichment. Each day, our campers are introduced to exciting destinations our area has to offer. The camp is free for eligible families and provides children with opportunities to explore, learn, and make lasting summer memories. This year, we served **75** children in total.

79

in Universal Pre-
Kindergarten

239

enrolled in the
special education
program

Children's Holiday Program

The Children's Holiday Program provides gifts and essential items at no cost to local families facing hardship, serving children from birth through age 17. This year, **145** donors and nearly **120** volunteers joined Unity House staff to support **546** families and bring holiday joy to **1,460** children across all Unity House programs.



Northeast Career Planning

Empowering individuals with disabilities to break through barriers to employment.

At Northeast Career Planning, individuals receive services to help with opportunities for employment, training, and education. Through our services, 125 adults secured full or part-time employment.



PROS Highlight

For those with severe and persistent mental illness, our Personalized Recovery Oriented Services (PROS) offers a comprehensive recovery-oriented program. The program serves an average of **58** people each month.



OASAS Highlight

The OASAS program at Northeast Career Planning services individuals struggling with substance abuse. This program has served **124** people in recovery and secured jobs for **43** people enrolled in the employment program.

Domestic and Sexual Violence Services

Help is available around the clock

Effective October 2025, our program became dually certified to address the needs of both domestic and sexual violence survivors and operates as a licensed rape crisis provider.

As the demand for domestic and sexual violence services continues to grow, our team remains dedicated to providing compassionate, survivor-centered care and strengthening partnerships across our community.

1,917

PEOPLE SERVED

Includes 31 youth (aged 12-17) and 68 young adults (ages 18-24)

25

TRAFFICKING VICTIMS

Includes human labor (3) and sex trafficking (22)

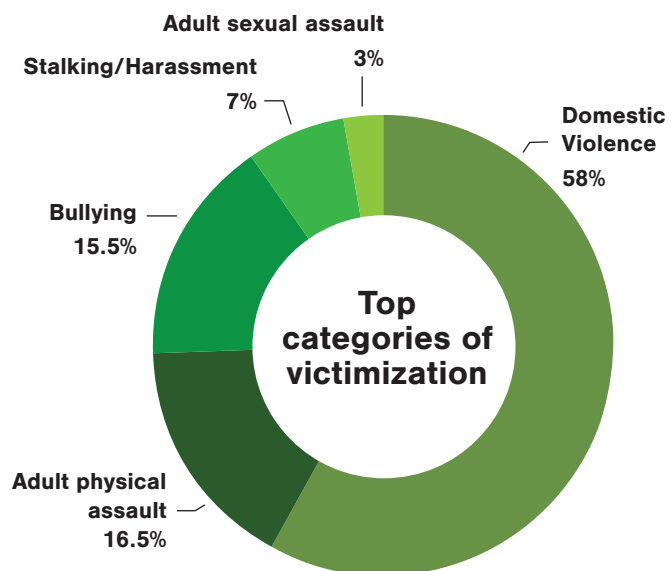
1,718

CALLS

Answered on our hotlines for help

91%

SHELTER OCCUPANCY RATE



The Unity House Law Project

The Unity House Law Project provides free representation and consultation on civil matters related to survivors of domestic violence, as well as advocacy and support for individuals in need of legal representation.

288

Number of
individuals
served



277

Individuals with consults



57

Individuals who utilized legal
representation

Clinical Services

Behavioral Health Services: The Behavioral Health Services Program at Unity House received its Certificate of Occupancy on December 2, 2025.

By the end of 2025, the clinic had enrolled **41** clients, with additional intakes scheduled. During this initial implementation phase, the program has focused on completing credentialing processes and establishing standardized procedures to support high-quality care and operational efficiency.

Critical Time Intervention: The CTI (Critical Time Intervention) program focuses on supporting individuals transitioning from institutional care, such as hospitals, into the community. The program utilizes structured, time-limited interventions designed to promote continuity of care, enhance stability, and support long-term connections to community-based services. This program began serving clients in September of 2025 and concluded the year with **14** individuals enrolled.

Assertive Community Treatment: The ACT (Assertive Community Treatment) team provides community-based services to individuals who require more intensive levels of support than traditional methods can provide. Through a highly skilled interdisciplinary team and a low client-to-staff ratio, ACT delivers holistic, integrated treatment tailored to each individual's needs.

Housing Support Services and Case Management

Unity House offers housing options tailored to the needs of those we serve. Services support individuals to live safely in the community with dignity and independence and are provided on an individual's level of functioning and personal choice at the least restrictive level of care.



415

individuals were helped through
supportive housing, health home
care, and HIV support services



36

adults were served
in our community
residences



81

adults were served
in our transitional
apartments



39

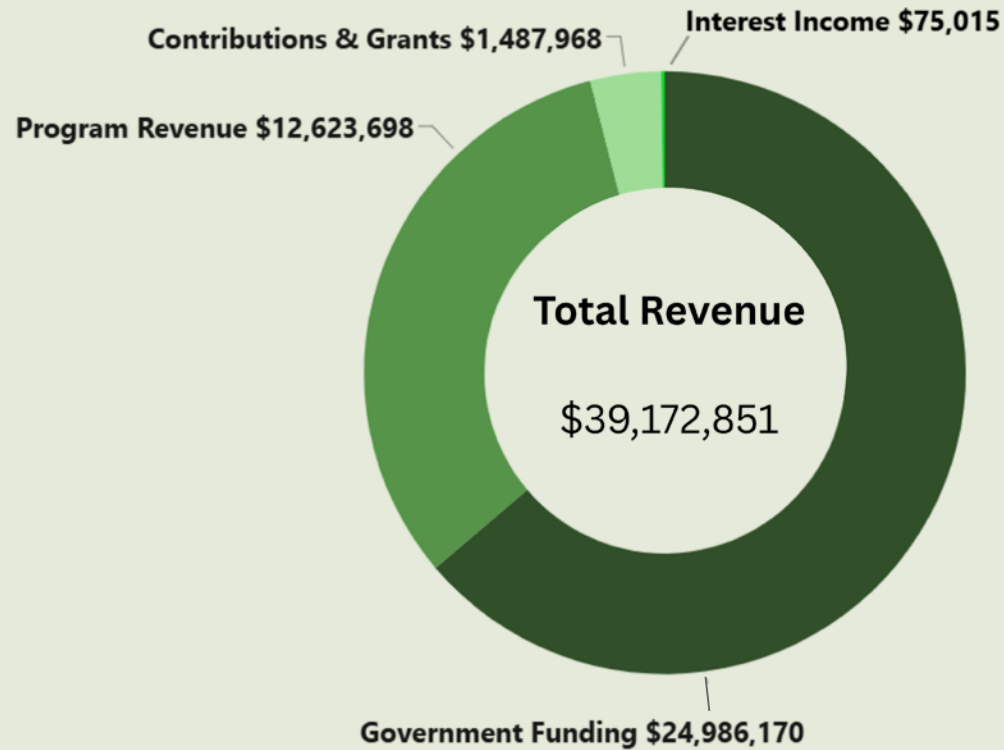
People served in our Crisis
Residence through a voluntary, short-
term stay in our homelike setting

2025 Financial Information

\$39.2M
Total
Revenue

\$38.8M
Total Operating
Costs

\$681k
Year-end
Surplus



Total Operating Costs
\$38,807,226



Looking for ways to get involved?

Consider volunteering!

Email us at volunteer@unityhouseny.org

Unity House is dedicated to enhancing the quality of life for people living in poverty, adults with mental illness, victims of domestic violence, children with developmental delays and their families, people living with HIV/AIDS, and others whose needs can effectively be met by Unity House services and philosophy.



Unity House provides direct service and works toward social justice. We help individuals identify their strengths and needs, draw upon their abilities, and access community resources. We educate, collaborate with others, advocate to influence public policy, and create awareness of the people we serve and the issues they face.

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